



Buy organic, support community farms, support regenerative agriculture

## Florida Produce Delivery

 <p>15% OFF</p> <p>Baby Vegetable Basket by Harry &amp; David - Food ...</p> <p>\$89.99 Harry &amp; David</p>	 <p>Farmers Market Box - Free Fruit and Vegetables ...</p> <p>\$29.99 Edible Arrangements</p>	 <p>15% OFF</p> <p>Veggie Of The Month Club 3-Month (Begins In ...</p> <p>\$119.99 Harry &amp; David</p>	 <p>USDA ORGANIC</p> <p>HarvestClub Organic Classic - 3 mo - The Fruit ...</p> <p>\$129.00 The Fruit Company</p>	 <p>CAULIFLOWER FRESH PRODUCE FRUIT VEGETABLES ...</p> <p>\$20.30 Grocery.com Store</p>	 <p>Celery   Organic   30 bunch   Azure Market Produce</p> <p>\$70.00 Azure Standard</p>
 <p>Azure Market Produce Organic Bunched ...</p> <p>\$18.00 Azure Standard</p>	 <p>Mixed Fruit Medley Gift Box - Classic - The ...</p> <p>\$34.00 The Fruit Company</p>	 <p>Taste the Tropics Fruit Box</p> <p>\$99.00 Tropical Fruit Box</p>	 <p>Honeybell Sweets - Classic - The Fruit Company</p> <p>\$29.00 The Fruit Company</p>	 <p>Organic Mixed Fruit 3lbs</p> <p>★★★★★ (139)</p> <p>\$35.00 Frog Hollow Farm</p>	 <p>Frog Hollow Farm - Organic Mixed Fruit Box - 5lbs</p> <p>\$69.00 Goldbelly</p>

MAMAMA

Broccoli microgreens would require 158-236 times less water than it takes to grow a nutritionally equivalent amount of mature broccoli in the fields of California's Central Valley in 93-95% less time and without the need for fertilizer, pesticides, or energy-demanding transport farm to table."

- Carolyn F. Weber, Department of Biological Sciences, Idaho State University, "Broccoli Microgreens: A Mineral-Rich Crop That Can Diversify Food Systems"

**Harvest in just 1 week!**



Hamama.com - grow nutritious greens all year!

[www.misfitsmarket.com](http://www.misfitsmarket.com)

### Misfits Market - Ugly and Imperfect Produce, Delivered To ...

Misfits Market delivers ugly, but otherwise perfectly edible fruits and vegetables right to your door. Our mission is to combat food waste and provide affordable, ...



## 17 Organizations Promoting Regenerative Agriculture Around the Globe

Transitioning to more sustainable forms of agriculture remains critical, as many current agriculture practices have serious consequences including deforestation and soil degradation. But despite agriculture's enormous potential to hurt the environment, it also has enormous potential to heal it. Realizing this, many organizations are promoting regenerative agriculture as a way to not just grow food but to progressively improve ecosystems.

Drawing from decades of research, regenerative agriculture uses farming principles designed to mimic nature. To build healthy soils and fertile, thriving agro-ecosystems, this approach incorporates a range of practices like agroforestry and well-managed grazing. Benefits of these practices include richer soil, healthier water systems, increased biodiversity, climate change resilience, and stronger farming communities.

To celebrate the ongoing work of individuals and organizations dedicated to healing agro-ecosystems around the globe, Food Tank is highlighting these 17 organizations building a global grassroots movement for better agriculture.

For a list of the 17 organizations all over the world go to the following url:

<https://foodtank.com/news/2018/05/organizations-feeding-healing-world-regenerative-agriculture-2/>



Regenerative Agriculture is a system of farming principles and practices that increases biodiversity, enriches soils, improves watersheds, and enhances ecosystem services.

Regenerative Agriculture aims to capture carbon in soil and aboveground biomass, reversing current global trends of atmospheric accumulation.

At the same time, it offers increased yields, resilience to climate instability, and higher health and vitality for farming and ranching communities.

The system draws from decades of scientific and applied research by the global communities of organic farming, agroecology, Holistic Management, and agroforestry.

1

PROGRESSIVELY IMPROVE WHOLE AGROECOSYSTEMS (SOIL, WATER AND BIODIVERSITY)

2

CREATE CONTEXT-SPECIFIC DESIGNS AND MAKE HOLISTIC DECISIONS THAT EXPRESS THE ESSENCE OF EACH FARM

3

ENSURE AND DEVELOP JUST AND RECIPROCAL RELATIONSHIPS AMONGST ALL STAKEHOLDERS

4

CONTINUALLY GROW AND EVOLVE INDIVIDUALS, FARMS, AND COMMUNITIES TO EXPRESS THEIR INNATE POTENTIAL

1

NO-TILL FARMING & PASTURE CROPPING

2

ORGANIC ANNUAL CROPPING

3

COMPOST & COMPOST TEA

4

BIOCHAR & TERRA PRETA

5

HOLISTICALLY MANAGED GRAZING

6

ANIMAL INTEGRATION

7

ECOLOGICAL AQUACULTURE

8

PERENNIAL CROPS

9

SILVOPASTURE

10

AGROFORESTRY



## Local Organic Farms near Port Charlotte

<https://www.localharvest.org/port-charlotte-fl/farms>

### ■ [Planet Claire Farmacy Punta Gorda, FL](#) ★★★★★

A small, loving, permaculture based farm. We have created a beautiful forest garden/food forest that is based on regenerative agriculture. Among our banana plants grow many perennials including roselle hibiscus, katuk, chaya, sweet potatoes, gingers, turmeric and seasonal annual vegetables.

### ■ [A&R Jersey Farm Arcadia, FL](#) ★★★★★

Raw, grass-fed Jersey cow milk for animal consumption only - A2 Milk . Free-roaming chickens - pastured eggs - dark orange yolks - high vitamin-A - also have homemade goods on occasion - apple chips, raisins, salsa, specialty cheeses and kefir.

### ■ [Pineshine Farms Saint James City, FL](#) ★★★★★

Pineshine Farms has been delivering exceptional, non-GMO, corn-free, soy-free, antibiotic & hormone free, 100% grass fed beef since 2016. Our goal is to provide both a tremendous value for our community of customers and a superior customer experience.

### ■ [Venice Free Range Chickens Venice, FL](#) ★★★★★

We are a Pasture Free Range Chicken farm located out of Venice Florida. Our hens are truly pasture raised and we sell birds for meat, pets and eggs. The farm is located in Englewood, FL. We're growing now up to 1000 hens by year's end. We do sell free range eggs to customers and we delivery to different towns on different days.

### ■ [Grove Ladder Farm Arcadia, FL](#) ★★★★★

Welcome! Grove Ladder Farm is a 12 acre, pasture-based livestock farm serving Sarasota, Manatee and DeSoto Counties. We raise our birds on open pastures, with plenty of access to tender grasses, bugs and sunlight. Our chickens receive the highest quality non-GMO grain.

### ■ [Albritton Fruit Farms Sarasota, FL](#) ★★★★★

We offer 3 different varieties of blueberries. Spring high, emerald, and jewels. We have 60,000 plants/25 acres! We are open to public for a upick on the weekends.

### ■ [Rosy Tomorrows Heritage Farm NORTH FORT MYERS, FL](#) ★★★★★

Our farm-to-table restaurant right on our 100 acre farm serves up the farm's bounty every Thursday, Friday, Saturday and Sunday every week. Sunday Brunch always features live music. Certified 100% grass fed Longhorn cows, Jersey dairy cows, organically-raised and pastured Red Wattle pigs, and pastured Australorp chickens are rare heritage breeds.

### ■ [Beaucoop Farm Myakka, FL](#) ★★★★★

Welcome to Beaucoop Farm! We are a proud member of the Farmer Veteran Coalition and our eggs are certified Homegrown by Heroes. We sell Certified Organic: - eggs - dairy - produce - fruit - meat - loose leaf wellness teas We also offer: 4 week hatching rentals, Beer Burro beverage cart rentals, photo booths and giant yard games.

### ■ [Little Garden of Eat'n, LLC Ona, FL](#) ★★★★★

What began as a simple desire for a couple of acres to grow fresh vegetables and eliminate store bought processed products as much as possible, turned into a bigger vision than just a little garden of Eden for myself.

■ **[Green Leaf Worm Farm](#) [Port Charlotte, FL](#) ★★★★★**

Green Leaf Worm Farm is in Southwest Florida and grow their own worms for worm castings---a super rich soil amendment--- and creates a special blend of worm tea to attack those garden pests. Our worms a fed a high quality diet so their castings are full of nutrients easily absorbed by plants.

■ **[Hydroponic Vegetables and Herbs](#) [Northport, FL](#) ★★★★★**

I operate a VerticalStacker Hydroponic farm in Northport FL. All produce is grown up in the air, not on or in the ground. This is a GREEN operation because there is no plowing, no burning of carbon fuels by multiple tractors, and I use about 80% less water than my conventional counterparts.

■ **[Brier Ridge Farm Fresh Herbs](#) [Punta Gorda, FL](#) ★★★★★**

Brier Ridge Farm Fresh Herbs is a licensed and inspected nursery in Florida. We specialize in herb plants as well as vegetable plants in season. We generally have several different varieties of herbs, for instance, over 30 varieties of mint, 3 varieties of basil, 5 varieties of oregano, etc.

■ **[Worden Farm](#) [Punta Gorda, FL](#) ★★★★★**

Worden Farm is an 85-acre certified organic family farm, raising a variety of vegetables, fruits, herbs, and flowers in Southwest Florida, just outside of Punta Gorda. The farm hosts an apprenticeship program and workshops.

■ **[Fort Ogden Gardens](#) [Arcadia, FL](#) ★★★★★**

Fort Ogden Gardens Is A U-Pick farm and Produce Stand. We also have Plants and Flowers. Are Chickens are a Grow'in, fresh eggs soon... We would like to encourage Young and old To come and enjoy picking fresh veggies.

■ **[GreenView Aquaponics Family Farm](#) [Cape Coral, FL](#) ★★★★★ **B****

GreenView Aquaponics Family Farm and Apiary is a small family farm that has commercial aquaponics systems, heritage breed poultry, and an apiary.

■ **[Mr Citrus Organics and Vegetables](#) [Arcadia, FL](#) ★★★★★**

We are a small organic, sustainable farming operation started in 1989 and located in the rural community of Arcadia, Florida. The 17 acre farm has a large garden of mixed vegetables with three acres of citrus grove. The production area rotates crops from year to year.

■ **[Three Suns Ranch](#) [Punta Gorda, FL](#) ★★★★★**

Three Suns Ranch is the premier grass fed, hormone free, no antibiotics all natural ranch in Florida. We are the largest Bison ranch in South West Florida. We are one of only a few ranches in the country that raise our animals, harvest them, and cut and wrap them under U.S.D.A. inspection.

■ **[Bamboo Grove House & Organic Gardens](#) [Arcadia, FL](#) ★★★★★**

We moved to this rural area in June of 2003, and started by rebuilding our little communal 1951 house. We are a small (proudly uncertified) organic hobby farm, and we would never dream of using any chemicals. We are only two acres.